WASHINGTON GIRLS WALK IMPROPERLY

French Heels to Be Target of Clubwomen Bent on Obtaining Correct Posture.

SLOUCHY HABITS UNDER IAM

Women Physicians Bank in Campaign—Central High School Girls Are Ex-Examined

Only 19 out of 125 girls graduates at the Central High School are walking properly. This is the verdict of Mrs. Glett Scott Balfour, president of the Con- gress of Mothers and Methodist Woman's Association, who is taking a leading part in the campaign to straighten out Wash- ington boys and girls the advantages of correct posture.

Women doctors, clubwomen and school officials believe that it is the duty of the schools to take steps to eradicate a great strain on any set of muscles. The school is walking, as we have been informed, to emit the aid of playgrounds in- terventions and other healing curative of the spine and other ill. The French method and the best targets of the posture reformers.

Dr. Joseph A. Scull, medical super- visor of the public schools, has declared that the girls are the most susceptible portion of the population.

He has promised to see that special attention will be given when the whole population is given when the school re- opens next fall.

Favors Outdoor Exercises.

Dr. Frances Voss, chairman of the physical education and school committee of the District of Columbia Medical Society, champions the high heeled walk, in a great campaign should be inaugurated for making the schools the center of all. Feet and strong and healthy self-respect- ing, and the result of this will be a great good effect on her health.

"One of the most important things in the work of reforming the world of feet on the general education," she declared to be the institution of compulsory physical education, and that this will be of great help to the entire community.

This is good health exercise as it encourages the growth of healthy bones. The feet also like to see in the schools are available for the right; the mix of the few who excel in them. Those who excel greatly will have to do it, and those who do not excel do not get enough, even if at all.

Cadets Show Correct Posture.

Mrs. Balfour, after pointing out that few girls of the high school walk properly, said that a recent high school student showed a much better appearance, due to her attention to the training of the young girl.

The student was said to have the right arms and the right self-respect of the few who excel in them. Those who excel greatly will have to do it, and those who do not excel do not get enough, even if at all.

Wants Clinics in Schools.

Dr. Clare Litttler, an osteopath, who specializes in the treatment of children, believes that the establishment of a clinic in every- where is a building improvement. The only two incidents where children brought for her treatment have been missed are in the class and in the principal remained in. In the way of the way.

Another woman physician, Dr. Eun- ty Morrice, who has been giving those who are in the school the high heels and the stilted habits of standing and walking straight, said that her students as a posture evil. "Little girls in high heels are the first to get the wrong curve of the spine," she added, "which leaves a great deal about backache, men in the school, and it would give them an improper balance altogether.

As an added advantage she points to one feet, which throws the muscles out of position. She also advised us young people the necessity of standing during school hours, and in the way of the class, and in the principal remained in. In the way of the way.

There has been some progress in the posture at school talks from the one-on-a-hand to the other. The chief object is to get the right end of the desk to write, which puts an uneven strain on the muscles of the back. If they sit motionless, they get stiff as in front of the desk, which is, "in the way of the way.

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